



SAFEGUARDING FOR PARENTS WORKSHOP

BY BARBARA CHARLES- SAFEGUARDING LEAD.



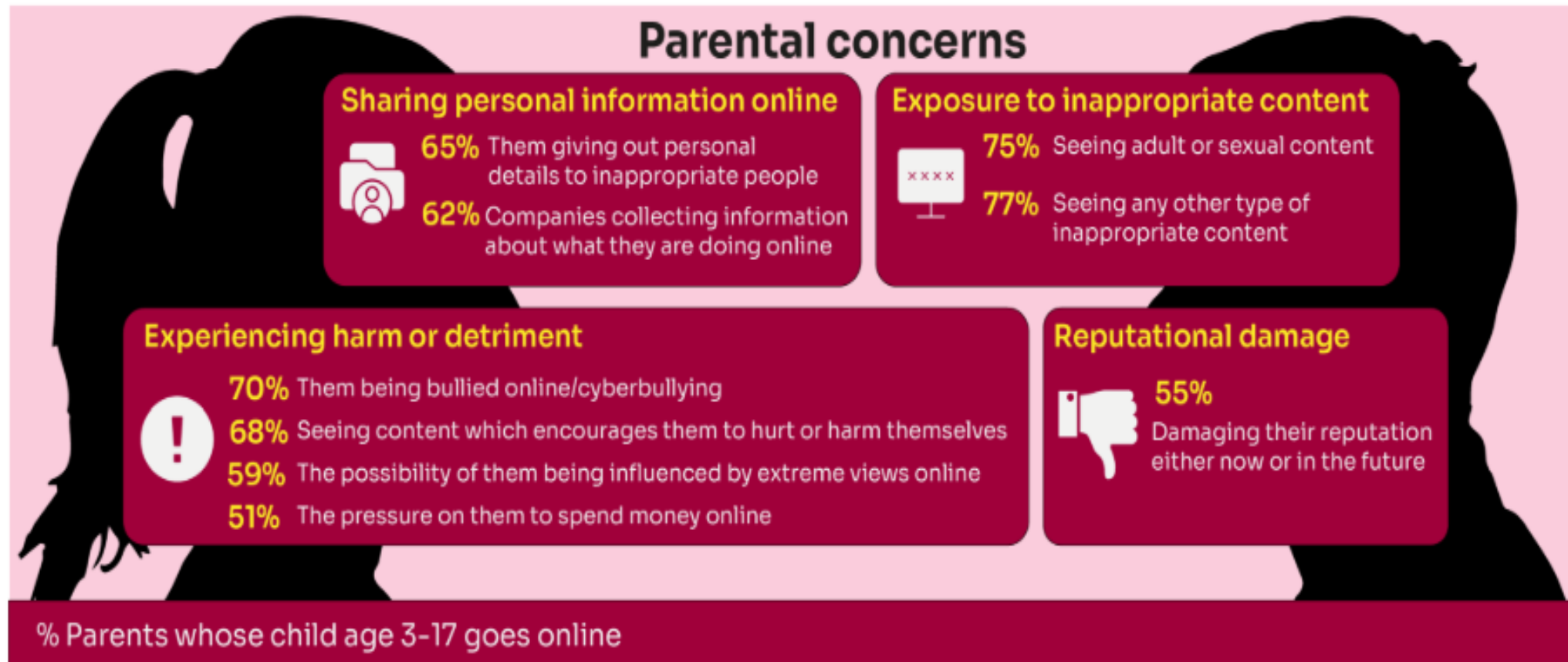
INTRODUCTION

- For many of our families nursery is one of the first introductions to the safeguarding world that is a huge part of school. As Safeguarding lead for Bedworth Heath and Atherstone Nursery Schools I want to help parents to be aware of current risks, trends and concerns in the community, as well as nationally that may be a risk to children both at education settings, but also at home. When we work together safeguarding is all the more effective.
- I have put together this new workshop to highlight the impact of adverse experiences on children, as well as highlighting online risks including cyber bullying, sexual harm or radicalisation, and how to spot those and act to keep your children safe.
- I hope the following content is helpful. Thank you for taking part in what I know can be a really tough subject.

ADVERSE CHILDHOOD EXPERIENCES

- We will start with a short video that I find is really emotional. Many of our own childhood experiences impact on the way we parent our own children. This video helps us to understand that things we were brought up with do indeed affect us greatly not only as children, but as adults too.
- <https://www.youtube.com/watch?v=XHgLYI9KZ-A>
- Discuss own

PARENTAL CONCERNS ABOUT ONLINE ACCESS FOR CHILDREN



ACCESSING SAFE GAMES AND VIDEOS ONLINE

- One of the biggest risks to our children is through technology. National UK Research shows us that 25% of 3 to 4 year olds have their own smartphone. Also that the biggest risk to our children is sexual grooming and the highest age for referrals for children who have been exposed to this is the 7-10 year old age group. This is through apps such as Snapchat for example.



RISKY GAMES FOR CHILDREN

- Games that are scary, and may not be appropriate for nursery aged children are circulating and include:



Poppy's Playtime: including the characters Huggy Wuggy, Catnap, Poppy- really gory content and chases.



Granny: Where a granny with a baseball bat chases people around the house and batters them.

RISKS DURING ONLINE GAMING FOR YOUNGER CHILDREN

Minecraft: Risk of adults impersonating children in the chat (grooming)



Roblox: Risk of adults impersonating a child in the chat. (risk of grooming)

PARENT SAFEGUARDING APPS

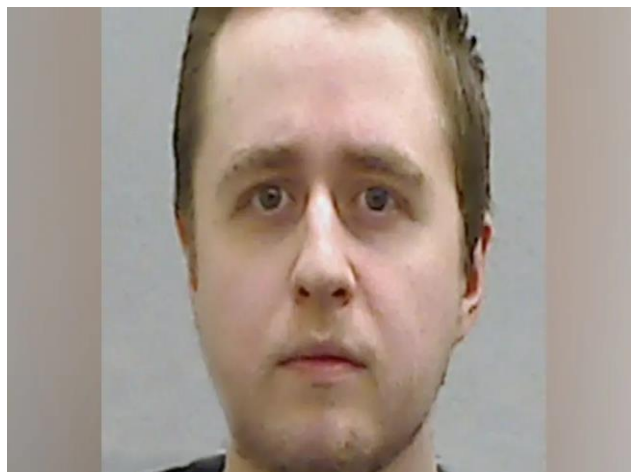
- Poppy's Playtime: <https://www.youtube.com/watch?v=2qQxzvq2nCl>
- Granny: https://www.youtube.com/shorts/usnny0-_MR0
- Peppa Pig (Scottish version) <https://www.youtube.com/watch?v=So4JvpEReeE>
- Rainbow Friends: <https://www.youtube.com/shorts/eKbvRLAbulc>
- There are others- Five Nights at Freddy's, Fortnite , Skibidi Toilet All have associated risks.
- In order to safeguard children there are some excellent recommended free apps that can reduce risks to children from unwanted online attention or inappropriate content.

RECOMMENDED FREE APPS

- There are lots of suitable apps- here are the top 3 FREE ones recommended as of October 24.
- <https://www.qustodio.com/en/downloads/> 4.5 star review- suitable for android and apple devices
- <https://www.techradar.com/reviews/kidlogger> 4.5 star review- again suitable for both android and apple.
- <https://www.techradar.com/reviews/spyrix-free-keylogger> Find out what your kids are typing, and if they might be in trouble. For pcs/ laptops

RECENT CASES OF SERIOUS HARM ONLINE

- In the news recently there have been several high profile cases. This last week has seen the imprisonment of Alex McCartney from Northern Ireland, sentenced to life for sexual abuse online and manslaughter online. All through Snapchat for over 3000 victims aged between 10-16 years old. The girl who took her own life following being blackmailed and abused online by Alex was 12. Her father went on to also die by suicide 6 months later due to the guilt he felt at not being able to protect her.



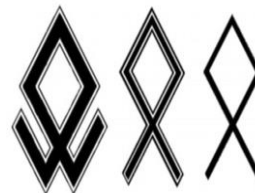
MISOGYNISTIC VIEWS

- Andrew Tate, currently detained in Romania for the rape and abuse of women (awaiting the court case) says women belong in the home, can't drive, and are a man's property.
- He also thinks rape victims must “bear responsibility” for their attacks and dates women aged 18–19 because he can “make an imprint” on them, according to videos posted online.
- In other clips, the British-American kickboxer – who poses with fast cars, guns and portrays himself as a cigar-smoking playboy – talks about hitting and choking women, trashing their belongings and stopping them from going out.
- This has impacted on young impressionable boys here in Warwickshire. MMAS



PREVENTING RADICALISATION

- A key part of safeguarding children is preventing them from being radicalised by extremist views. Currently in Warwickshire the risks are equally from Far Right Extremists, and also from Islamic Extremists. There is also some risk from Animal Rights Activists.
- If you see unusual symbols or numbers, slogans or logos on clothing, stickers, books, labels, graffiti etc then look again- could it represent an extremist view? The risks around Bedworth and Atherstone currently are from White Supremacy groups such as Combat 18 (Who incite harm on others), White Nationalist groups such as the Proud Boys, (who encourage White patriotism to be truly British) and others. Some symbols you might see:



HOW TO REPORT RADICALISATION FROM HOME

- <https://www.nspcc.org.uk/keeping-children-safe/reporting-abuse/dedicated-helplines/protecting-children-from-radicalisation/>

HOW TO SUPPORT YOUR CHILD ONLINE

- **It's your choice** - Don't let others dictate when the right time is to use tech.
- **Stay involved** – make time to communicate, talk about what they are doing. What do they enjoy? What makes them laugh?
- **Don't quiz them** – have regular conversations. What's their favourite app? What is the best site to learn new things from?
- **Join in** - watch them play a game and join in. Who are they playing with? Do they know the other players?
- **'Show me how...'** – ask their advice to help you with your privacy settings, who you should add as a friend, are there any risks?
- **Lead by example** - children learn as much from watching as they do from being told not to do something, so model good behaviour
- **Reassure them** - tell them that they won't get in trouble and that you are always there to help.

DANGERS OF ONLINE GROOMING- A TRUE STORY.

- Breck's Last Game:
- <https://www.youtube.com/watch?v=hZIYSCE-ZjY>

PARENTAL CONTROLS- DID YOU KNOW?

- Controls have to be set up on both the **broadband connection** AND **each individual device**
- These **do not come as standard** so it's worth checking
- They are important because they allow you to:
 - **Block and filter** upsetting or inappropriate content or sites
 - **Plan what time and how long** your child can go online for

VIDEO GAME LABELLING- DID YOU KNOW??

- The age rating from PEGI is for how appropriate
- The content is, not difficulty level!

TWO LEVELS OF INFORMATION AS A GUIDE : THE PEGI AGE LABELS



THE CONTENT DESCRIPTORS



SIX TOP TIPS



SafeguardED

Most parents & carers think their children and young people spend too much time on devices. **DON'T FEEL BAD!** Lots of it is perfectly healthy anyway. Instead, follow these tips to keep them safe, happy and healthy.

SIX TOP TIPS

For Parents To Keep Your Children Safe Online

Don't worry about screen time; aim for screen quality

Scrolling through social media isn't the same as making a film or story, or video calling Grandma. Use the Children's Commissioner's 'Digital Five A Day' to plan or review each day together.



Check the safety settings are turned on

Whether it's your home internet, mobile devices, consoles, apps or games, there are lots of settings to make them safer. The key ones are - can they chat to strangers, can they video chat or 'go live'; are their posts public? What about safe search and Youtube? See parentsafe.lgfl.net for more.



Get your children to show you their apps and games

You don't need to know all about the latest app or game, but if your child shows you what they are doing and with whom, you'll probably see if it's appropriate or not. Remember 18 games are not more advanced - they are harmful to children! For parent guides to apps, including recommendations for kidsafe apps and video platforms, search for **Common Sense Media** reviews.



Don't try to hide news about scary things in the news

If you don't talk about it, your children might read inappropriate pages, believe scare stories or simply catastrophise in their heads. Why not watch **Newsround** together and talk about how they feel - there is guidance from **Childline** to help you.

SUPPORT FOR YOUNG PEOPLE ONLINE



NCA

Young people can report concerns about child sexual abuse and exploitation to NCA



Nude image of you online?
We can help take it down.

Report Remove

A free tool that allows children to report nude or sexual images and videos of themselves that they think might have been shared online



ChildLine

A free, private and confidential service where CYP can talk about anything to a trained counsellor, online or on the phone

FURTHER SUPPORT FOR PARENTS:

- <https://www.nspcc.org.uk/keeping-children-safe/online-safety/>
- <https://www.gov.uk/government/publications/coronavirus-covid-19-keeping-children-safe-online/coronavirus-covid-19-support-for-parents-and-carers-to-keep-children-safe-online>
- <https://www.internetmatters.org/>

- Any questions?

